

As with all outings, weather and duration are your two big markers regarding what to bring and what to leave behind. Be sure to plan against the highest highs and lowest lows when it comes to water and air temperature. When packing we suggest that you use the compartmentalization strategy. Try to put your gear into different colored dry bags. For instance, keep all of your change of cloths in one bag and all of your first-aid gear in another. This will make it easier to find the gear you need quicker and with less effort.

Recommended Packing List

1. *Sunscreen*
2. Drinking Water
3. Small cooler
4. Sunglasses with straps
5. Dry change of cloths
6. Bug spray
7. Dry bag, dry box, or zip lock bags (more than 1)
8. Camera
9. First Aid Kit
10. Shoes to use in exploration (*May be in and out of river*).

Note: Sandals without heel straps are NOT recommended. If you don't have good water shoes or sandals with a heel strap, you should wear old tennis shoes.

Note: These are only recommendations they are not required.

